

Course Syllabus

Summer 2005

RHAB 720 Group Counseling in Rehabilitation Counseling Settings

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Course Description: This course prepares students to utilize group interventions appropriately and effectively in rehabilitation settings. Course topics include the history of group counseling, group dynamics, types of group counseling, skills and abilities related to group leadership and membership, and group counseling across the lifespan.

Assumptions and Expectations: All students enrolled in this class are adult learners with a personal and experiential background relevant to the class. Further, many students at the graduate level have prior vocational experience in fields related to vocational rehabilitation, counseling, or other populations discussed in this course. Each individual enrolled in this class also has a personal agenda of information that he/she would like to acquire. Therefore each student is expected to be an active participant in all class projects and discussions. Graduate level performance on all projects is expected as is graduate level initiative, curiosity, and personal responsibility. Coursework will be highly challenging but also highly applicable to each student's personal situation. Instructor assistance is available upon request. Students may schedule individual appointments at any time and can expect to find the instructor available during posted office hours. A professional level of courtesy and mutual respect is expected both on the part of the student and instructor at all times.

Course Textbook:

Corey, G. (2004). *Theory and practice of group counseling* (6th ed.). Belmont, CA: Brooks/Cole-Thomson Learning.

Corey, G., Corey, M.S. & Haynes, R. (2000). *Evolution of a group: Student video and workbook*. Belmont, CA: Brooks/Cole-Thomson Learning

Course Objectives: Upon completion of the course, students will be able to:

1. Identify and explain common purposes of group counseling.
2. Demonstrate an understanding of how groups are formed, how groups evolve through stages of development, how decisions are made in groups, how changes are achieved, and how people behave and interact in groups.
3. Utilize interpersonal skills that will enhance ability to function as an effective group member and leader.
4. Demonstrate established group leadership styles.
5. Identify problems challenges and solutions relating to diverse group participants including persons who have disabilities.
6. Identify and respond to major ethical concerns relating to group counseling interventions.
7. Plan and carry out a purposeful counseling group activity.

Assignments:

I. Interview. Each student will arrange an interview with a counselor regularly using group interventions in practice. Students will prepare a two-page paper describing:

- A. The nature and purpose of the groups utilized in this counselor's practice
- B. The counselor's preferred theoretical orientation used in group work.
- C. The counselor's view of the usefulness of group counseling as it compares to individual counseling with specific populations or situations.

This assignment is due by June 20th and will constitute 15% of the entire grade for the course.

- II. In Person Group Experience.** Each student will participate in an eight-hour weekend group experience at a time to be arranged. (anticipated June 17 & 18). Students will submit a journal that will track the process of the group's development AND personal reactions to the group experience.

This assignment is due by June 28th and will constitute 15% of the entire grade for the course.

- III. Group Experience.** Co-Facilitation of a 1-hour group activity each week during the Summer I semester. Participation with class members, you will select a group exercise/activity/intervention for the session you are group leader. Each co-facilitator will submit a brief (one paragraph describing the activity, the outcome that was expected, a description of the actual outcome, and a personal reaction to the co-facilitation experience. Each student will have evaluation form of their group leadership skills.

The grade on this assignment will constitute 15% of the entire grade for the course.

- IV. Paper on Group Issues.** Each student will develop a group of their own choosing, preparing a paper no longer than 10 pages in length. This paper will address the following issues:

- A. The purpose of the group.
- B. Type of group and research-based rationale supporting this design.
- C. Screening criteria
- D. Facilitation issues and role of group leaders.
- E. Methods to be used.
- F. Duration of Group

G. Expected Outcomes

H. Process for Evaluation

This paper is to include references and should be prepared in APA Style.

The paper is due on the final day of class and will constitute 20% of the grade.

- IV. **Class participation and Posting.** Each student will regularly post on the class Bulletin Board and Discussion Room according to the instructions of the instructor. Postings will reflect completion of required readings, assimilation of class discussions, and creative application of course content. Regular attendance and website interaction is mandatory. Due to the condensed semester, students must participate in all activities and sessions in order to receive the full credit for this part of the course grade. Points will be deducted following absence from 10% of the class (1.6 class sessions) beginning on May 30th.

The grade for this activity will constitute 15% of the total grade for the course.

- V. **Quizzes.** You will have an online quiz due every Tuesday and Thursday over the class materials. Please see schedule. There will be 8 multiple choice quizzes.

The grade for this activity will constitute 20% of total grade for the course.

Group Counseling Schedule

Date	Topic	Readings/Assignment
May 30	<p>Introduction to Group Work</p> <p>Stages of Group Development:</p> <p>First Group Meeting Establish group rules/norms Establish type of group</p> <p>Group Session #1</p>	<p>Corey, Chapter 1-2</p> <p>Video: Evolution of Group (Initial Stage)</p>
May 31	<p>Video and Workbook Evolution of Group Initial Stage Complete page 8.</p>	<p>Quiz #1- Due by midnight</p> <p>Ch. 1-2</p> <p>Journal</p> <p>Discussion Question</p> <p>Due #1</p>
June 1	<p>Ethical issues & ASGW Guidelines for Group Counselors</p> <p>Stages of Group Development: Early Stages</p> <p>Group Session #2</p>	<p>Corey, Ch. 2-5</p> <p>Video: Evolution of Group (Working Stage)</p> <p>Video: Evolution of Group (Transition and Working Stage)</p>
June 2		<p>Quiz #2 – Due midnight</p> <p>Journal</p> <p>Discussion Question #2</p> <p>Due</p>
June 6	<p>Stages of Group Development: Later Stages of Group</p> <p>3rd Meeting of Group</p>	<p>Corey, Ch. 5</p> <p>Video: Evolution of Group (Final Stages)</p>
June 7	<p>Video and Workbook Evolution of</p>	<p>Quiz #3 Due midnight</p>

	Group Transition Stage Complete page 10.	Journal Discussion Question #3 Due
June 8	Psychoanalytic Group Adlerian Group 4 th Meeting of Group	Corey, Ch. 6 Corey, Ch. 7
June 9		Quiz # 4 – Due midnight Journal Discussion Question #4 Due
June 13	Psychodrama Existential 5 th Meeting of Group	Corey, Ch. 8 Corey, Ch. 9
June 14		Quiz #5 – Due by midnight Discussion Question #5 Due
June 15	Person-Centered Gestalt Group 6 th Meeting of Group	Corey, Ch. 10 Corey, Ch. 11
June 16		Quiz #6 – Due by midnight Journal Discussion Question #6 Due
June 17-18	Distance Learning Weekend	In Person Group Experience
June 20	Transactional Analysis Behavioral Group 7 th Meeting of Group	Corey, Ch. 12 Corey, Ch. 13 Interview Paper Due
June 21		Quiz #7 – Due by

		midnight Journal Discussion Question #7 Due
June 22	Rational Emotive Behavior Theory Reality Therapy 8 th Meeting of Group	Corey, Ch. 14 Corey, Ch. 15
June 23		Quiz #8 – Due by midnight Journal Discussion Question #8 Due
June 27	Consolidation of Learning 9 th Meeting of Group (Last Day of Class)	
June 28		Group Issues Paper Due In Person Group Experience Paper Due
June 29		